



Life to  
the Full

*Q: Does the new Relationships Education and RSE curriculum take account of my faith?*

A: The subjects are designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain. In all schools, when teaching these subjects, the religious background of pupils must be taken into account when planning teaching, so that topics are appropriately handled. Schools with a religious character can build on the core content by reflecting their beliefs in their teaching. In developing these subjects, we have worked with a number of representative bodies and faith organisations, representing all the major faith groups in England. Several faith organisations produce teaching materials that schools can choose to use.

# Programme STRUCTURE

- Key Stage One
- Lower Key Stage Two
- Upper Key Stage Two

**Module 1**  
Created and  
Loved by God



**Units:**

- Religious Understanding
- Me, My Body, My Health
- Emotional Well-being
- Life cycles

**Module 2**  
Created to  
Love Others



**Units:**

- Religious Understanding
- Personal Relationships
- Keeping Safe

**Module 3**  
Created to Live  
in Community



**Units:**

- Religious Understanding
- Living in the Wider World

Various Lessons and Sessions

*Q: Will my child be taught sex education at primary? This is too young.*

A: We are not introducing compulsory sex education at primary school. We are introducing Relationships Education at primary, to put in place the building blocks needed for positive and safe relationships of all kinds. This will start with family and friends, how to treat each other with kindness, and recognising the difference between online and offline friendships.

Some primary schools choose to teach sex education (which goes beyond the existing national curriculum for science), and in those instances we recommend schools to discuss this with parents regarding what they propose to teach and how. If parents have concerns, they have an automatic right to withdraw their child from these lessons.

*Q: Will these subjects promote LGBT relationships?*

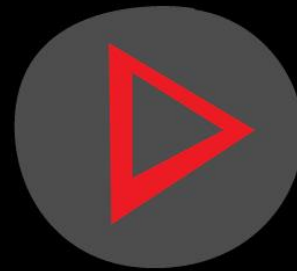
A: No, these subjects don't 'promote' anything, they educate.

Pupils should be taught about the society in which they are growing up.

These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships. RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.

Pupils should receive teaching on LGBT relationships during their school years - **we expect secondary schools to include LGBT content**. Primary schools are enabled and encouraged to cover LGBT content if they consider it age appropriate to do so, **but there is no specific requirement for this**. This would be delivered, for example, through teaching about different types of family, including those with same sex parents.

## Film: The Vision





# Module I: Created and Loved by GOD

## What makes us DIFFERENT?

Eye colour  
Hair colour  
Height  
Body shape  
Skin colour  
Age  
Gender  
Clothes

Language/Accent  
Type of family  
Gifts and talents  
Favourite things

Leona



I'm Leona and I'm 6 years old. I've got curly brown hair which Mum always says looks like it's been dragged through a hedge backwards. I've got two older brothers who are twins. My favourite colour is yellow like the sun. Can you guess what my favourite thing to do is?

Some of those things are cool, but my favourite thing to do in the world is climb trees with my brothers. They're taller than me so can help me up to the higher branches!

## Key Stage One:

- We are uniquely made by a loving God;
- We have differences and similarities;
- Key information about staying physically healthy;
- Understanding feelings and emotions, including strong feelings such as anger;
- The cycle of life from birth to old age.

## The Cycle of LIFE



## Can you help SUSIE?

### What should she do? - TEETH BRUSHING

- ★ Brush your teeth twice each day, for around 2 minutes
- ★ Visit the dentist every 6 months
- ★ Brushing properly removes plaque - which can cause cavities (holes), toothache, gum disease and even our teeth to fall out!
- ★ It also gives us lovely fresh breath and stops our teeth feeling fuzzy!



Happy



Sad



Angry



Scared



Bored



Sleepy



Disgust



Calm

# Module 1: Created and Loved by GOD

## Lower Key Stage Two:

- Understanding differences;
- Respecting our bodies;
- Strategies to support emotional wellbeing including practicing thankfulness;





# Module I: Created and Loved by GOD

## Upper Key Stage Two:

- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb
- Menstruation.

Peculiar FEELINGS



Life In The Lab

Menstruation



Life In The Lab

Gifts and TALENTS



Life In The Lab

Spots AND Sleep



Life In The Lab



# Module 1: Created and Loved by GOD

**Paradise Street** is an original drama series for Upper Key Stage Two which follows the story of 4 friends – Finn, Leyla, Marcus and Siobhan – who have different personal and social experiences related to growing up and puberty. Each episode lasts about 10 minutes and is followed by a time of teacher-led discussion with the pupils. Each session also includes an episode of “**Delving Deeper into Paradise Street**” in which two fun presenters explore the issues in the drama and provide some teaching for pupils (which also acts as guidance and support for teachers). Each concludes with a time of personal writing in a **Module 1 Workbook** which will help the pupils to digest and personalise the teaching.

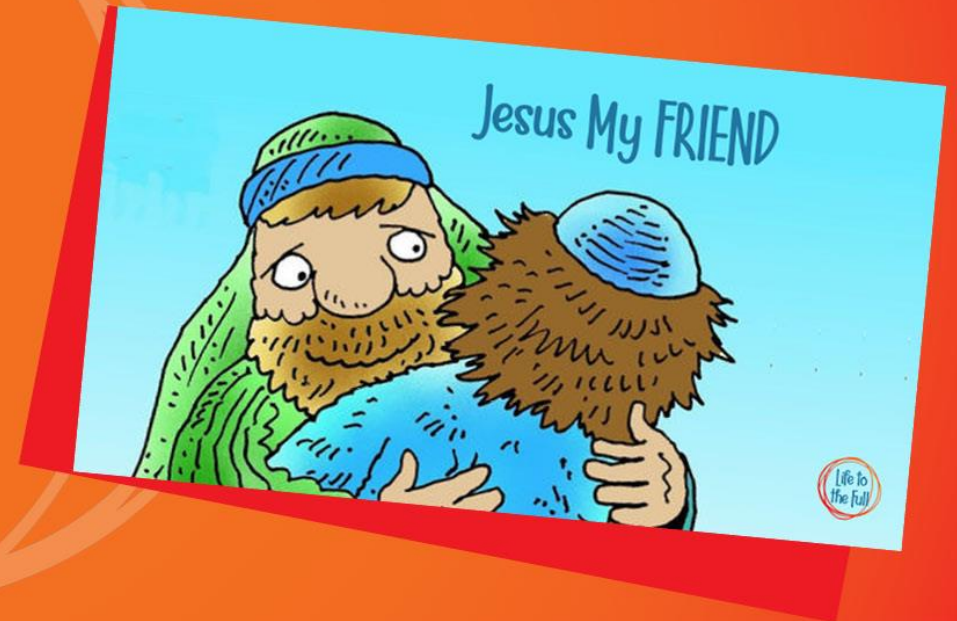




# Module 2: Created to Love OTHERS

## Gospel Stories

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.



# Module 2: Created to Love OTHERS

## GOOD Secrets

- Any secret that has a specific point in time when it will be revealed.
- Good secrets are *always* temporary.



## BAD Secrets

- Any secret that you are expected to keep for a long time or forever.
- Nearly all bad secrets keep something hidden that is bad.



What makes a GOOD or a BAD friend?



## The Adventures of Smartie the PENGUIN



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

## My SUPER SPECIAL Squad

WHO is in your special squad?

WHAT makes them special to you?



## Key Stage One:

### Unit 'Personal Relationships':

- Special People in their lives who they love and can trust;
- Coping with various social situations and dilemmas;
- The importance and saying sorry and forgiveness within relationships.

### Unit 'Keeping Safe':

- The risks of being online (incorporating 'Smartie the Penguin' from Childnet);
- The difference between good and bad secrets;
- Teaching on physical boundaries (incorporating the PANTS resource the NSPCC).



# Module 2: Created to Love OTHERS

## Lower Key Stage Two:

### Unit 'Personal Relationships':

- Children to develop a more complex appreciation of different family structures;
- Activities and strategies to help them develop healthy relationships with family and friends;
- Techniques for managing thoughts, feelings and actions.

### Unit 'Keeping Safe':

- Incorporates some NSPCC resources around online safety;
- Teaching on bullying and abuse through a series of animated stories.



# Module 2: Created to Love OTHERS

## Under PRESSURE



Life to the full

## Knowing the RULES: 4 Types of Abuse



Emotional  
Physical Abuse  
Sexual Abuse  
Social Abuse

## To SHARE... Or NOT to Share?



You are having a great time with your family on holiday and take a selfie of yourself and your little sister both in your swimming gear. You want to share it to show your friends what a great time you're having.



## CONSENT

Consent means that you give PERMISSION for something to happen.



## Positive VS Negative Self-Talk



## Upper Key Stage Two:

### Unit 'Personal Relationships':

- Equip children with strategies for more complex experiences of relationships and conflict;
- Identify and understand how to respond to spoken and unspoken pressure;
- The concept of consent ;
- Further teaching on how our thoughts and feelings have an impact on how we act.

### Unit 'Keeping Safe':

- Risks of sharing and chatting online;
- A more complex understanding of different forms of abuse.



# Module 3: Created to Live in COMMUNITY



The Communities we LIVE in



WHO is my Neighbour?



Community



## Subsequent sessions:

In subsequent sessions, this religious understanding is applied real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

**Note:** some sessions in Module 3 are not available for the trial. Please see the Programme Overview for updated information on this.